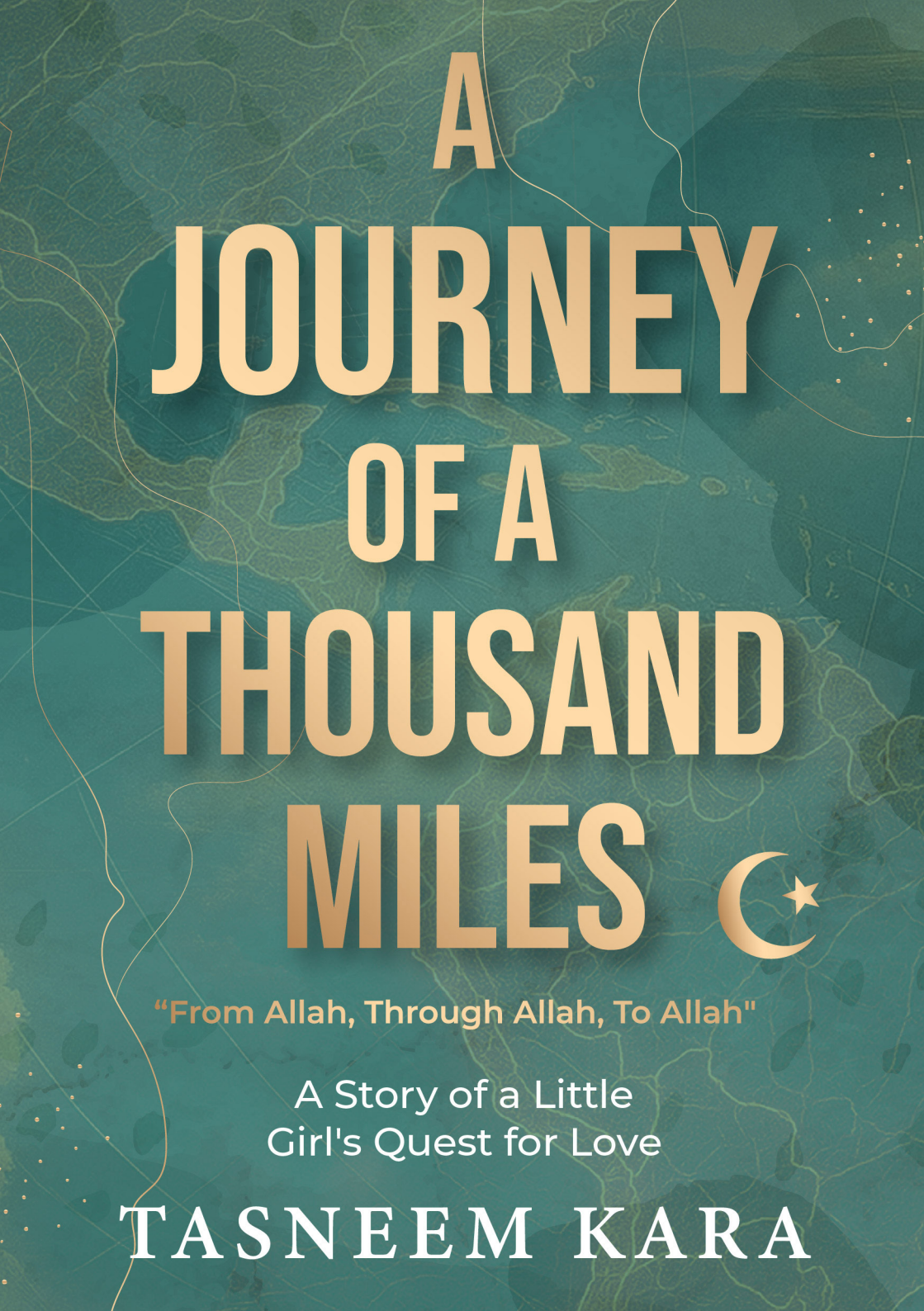


# A JOURNEY OF A THOUSAND MILES



"From Allah, Through Allah, To Allah"

A Story of a Little  
Girl's Quest for Love

TASNEEM KARA

# SAMPLE CHAPTER

**A  
JOURNEY  
OF A  
THOUSAND  
MILES**



TASNEEM KARA

**A  
JOURNEY  
OF A  
THOUSAND  
MILES**

**"From Allah, Through Allah, To Allah"**

A Story of a Little  
Girl's Quest for Love

**INSPIRED**  
PUBLISHING

## **A JOURNEY OF A THOUSAND MILES**

From Allah, Through Allah, To Allah

A Story of a Little Girl's Quest for Love

First Edition, First Imprint 2025

ISBN: 978-1-0370-9896-3

Copyright © Tasneem Kara

Editor: Sigwa Mafu

Published by: Inspired Publishing

PO Box 82058 | Southdale | 2135 Johannesburg, South Africa Email:

info@inspiredpublishing.co.za | [www.inspiredpublishing.co.za](http://www.inspiredpublishing.co.za)

© All rights are reserved. Apart from any fair dealing for the purpose of research, criticism or review as permitted under the Copyright Act, no part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior written permission of the copyright holder.

# A Message of Hope

Through my book, I invite you to embark on a journey of self-discovery, personal growth, healing, evolving, and thriving. My poetry and story are a testament to the human spirit's capacity for resilience, hope, love, and transformation. May my words inspire you to deepen your faith, cultivate meaningful relationships, and live a life that reflects your values and purpose. May you learn to trust in our one true Rabb "Al Wahid" and may your spirit be lifted by the knowledge that you are loved and cherished.

# Introduction

Asalam-walykum and Welcome to a journey of the heart, a journey that weaves together the threads of love, faith, and resilience. In the midst of life's storms, I found solace in the beauty of words and the warmth of faith. This collection of poems is a testament to the power of the human spirit to transform pain into purpose and to find meaning and fulfilment in the most unexpected places. As you read these words, I invite you to reflect on your own journey, to explore the depths of your soul, and to discover the beauty that lies within.

May these poems be a source of comfort, strength, and inspiration for you, and may they guide you on your own path towards purpose, passion, and fulfilment. Let us embark on this journey together, with hearts full of hope and spirits full of love, and may our Rabb guide us every step of the way. Ameen.



# Contents

Glossary .....	5
Dedication .....	9
Acknowledgements .....	11
A Message of Hope .....	14
 Introduction .....	 15
"A Journey of a Thousand Miles" .....	20
"A Little Girl's Quest for Love" .....	21
 Part 1	
Poems of Faith and Spirituality .....	25
"Echoes of The Soul" .....	30
"Reach Out, For Allah (Swt) Is Near" .....	33
"Ya Rabb, My Beloved Rabb" .....	37
"The Call to Prayer" .....	41
"Find Your Calm Spirit" .....	45
"You Do You and I'll Do Me" .....	48
"Beware of Shaytan's Whispers" .....	52
"I See You, Oh Allah (Swt)" .....	56

## Part 2

Poems of Love And Connection.....	63
"Threads Of Love" .....	68
"Our Dearest Treasures, Our Loving Mums" .....	72
"A Sister's Love" .....	76
"Oh Sister, Oh Sister" .....	80
"Friends: Rare Gems From Above" .....	84
"A Guardian Angel, Sent From Above" .....	87
"Brothers Of Blood" .....	91
"A Message To My Father" .....	96
"Home Is Where The Heart Is, The Best Of You" .....	101
"A Mother's Love" .....	105

## Part 3

Poems Of Hope And Resilience .....	111
"A Mixed Heritage, A Unique Soul" .....	116
"When Delays Are Blessings" .....	120
"When Darkness Fades, Allah's Light Prevails" .....	124
"A Journey Of Healing" .....	128
"Journeying Through Life Guided By Faith" .....	131
"Women Of Islam" .....	135
"Living With Purpose" .....	139
"Taking Back Control (Nafs/Ego)" .....	142
"Dedication To All Believers" .....	145
"Society's Expectations Vs. Allah's Pleasure" .....	148

#### Part 4

Poems Of Reflection And Growth (Journey Within) .....	153
"Chasing Sunsets To The Ends Of The Earth " .....	158
"Tribute To The Chosen Ones" .....	161
"Establishing Healthy Boundaries" .....	165
"You Can't Fix Yourself By Hurting Others" .....	168
"Life's Journey Of Growth" .....	171
"Our Children Are Blessings, Not Possessions" .....	174
"Be Good To Your Parents " .....	178
Valuing The Efforts Of Others.....	182

#### Part 5

Poems Of Self-Discovery And Healing.....	187
"My Mind And Me" .....	192
"A Love Letter To Myself: Be Kind To Yourself" .....	195
"Healing Rain" .....	199
"As You Evolve" .....	202
"Forgiveness: The Best Form Of Love" .....	205
"Embracing My Broken Pieces" .....	208
"Moving On" .....	211
"Embracing My True Self" .....	214
"Reflection On Self-Care And Self-Love" .....	218
"Al Quran, A Gift Divine" .....	221

Part 6	
Poems Of Social Awareness And Justice .....	227
"A Prayer For The People Of Gaza " .....	232
"When Genocide Becomes A Memory" .....	236
"Don't Be Swayed: Halaal/Haram" .....	239
"Words Are Energy, Choose Yours Wisely" .....	242
"Respect: A Priceless Gift" .....	245
"Show Up Authentically" .....	248
"Treat Others With Kindness" .....	251
"Gift Of Giving, A Blessing Divine" .....	254
"Smile, It's A Sunnah" .....	257
"Living In The Dark" .....	260
Part 7	
Poems Of Remembrance And Gratitude .....	265
"A Heart's Awakening" .....	270
"Alhumdulillah, For My Life Partner, Best Friend And Love" .....	274
"My Divine Purpose" .....	278
"Alhumdulillah" .....	281
"Our Beloved Prophet Muhammad (Pbuh)" .....	284
"Gratitude" .....	288
"The Beauty Of Islam" .....	291
Parting Words .....	300

# "A Journey of a Thousand Miles"

From Allah, Through Allah, To Allah:  
A Little Girl's Quest For Love

Asalam-walykum and welcome to my sacred space, where words meet heart and soul.

In the whispers of the wind, where shadows dance and memories linger, a little girl's quest for love and belonging unfolds. Like a delicate petal, her heart beats with a deep longing, searching for the warmth of acceptance and the gentle touch of connection. This is the essence of "**A Little Girl's Quest for Love,**" a powerful and emotional exploration of the universal human experience.

As I share my story of transformation and healing through Allah's love, I invite you to reflect on your own journey. May these words bring you solace, comfort, and peace, illuminating your path with guidance and wisdom. May Allah's love and mercy surround you, touching your heart and inspiring your soul. Ameen.

# "A Little Girl's Quest for Love"

In tiny hands, a heart once beat with a deep desire  
A five-year-old's quest for love, a journey to acquire  
She wandered, lost, through life's busy streets  
Seeking warmth, a gentle touch, a love that meets

Years went by, like falling leaves, her search continued  
Through joy and grief, she chased the wind, only to find  
A hollow echo, an empty mind, until one day  
A family bloomed, a love so bright, lit up her way

A husband's arms, a haven to rest, children's laughter, a heart  
now blessed

Yet, amidst this joy, a whisper remained, a gentle reminder  
Of a love unrestrained, a love she never knew  
A love that waited, through it all, for her to break through

Like a butterfly, she grew from cocoon to wings  
Her spirit anew, emerging stronger, in Allah's gentle light  
She rediscovered the love she'd forgotten, the love of Allah

(SWT)

A love that's pure, true, and healing, that sees her through

Tears of joy and gratitude, she cries, for the love that's been  
Her heart's reply, she weeps for the little girl, who once felt alone  
But she rejoices, for the woman she's become, back home  
In the depths of her soul, a spark now gleams, a sense of  
belonging

With Allah's love, she's found her peaceful nest, a sense of  
purpose

Every beat of her heart, every vessel that fills with blood  
Every emotion, every experience, centred around Allah's love  
She rises above pain, strives to fulfil His will, with every step

Through trials and tribulations, she stands firm and strong  
A warrior, a survivor, a soul on fire, with a heart that beats for  
Allah (SWT)

A testament to faith, hope, and love's pure light  
A shining star, guiding through the dark of night

With every step, she draws closer to His light  
A journey of self-discovery, a path that's just right  
She learns to trust, have faith, and abide  
In the knowledge that Allah's love will be her guide

May Allah (SWT) guide us on our journey's path  
Grant us wisdom to follow His gentle math  
May His love and mercy surround us every day  
And lead us to the truth, in a loving, gentle way  
Ameen.

**"And indeed, My Mercy encompasses everything."  
(Quran 7:156)**

---

Imagine being wrapped in a warm, golden light that knows no bounds – that's the mercy of Allah (SWT), encompassing every moment, every struggle, and every joy. His compassion is boundless. His benevolence is universal, and His love is infinite. May this truth bring you comfort, hope, and reassurance, reminding you that you are never beyond the reach of His mercy.

### **My Message to You**

May this poem be a gentle breeze that soothes your soul, guiding you towards the warmth of Allah's love and mercy. May it inspire you to cultivate a deeper connection with our Rabb, and may your heart be filled with gratitude, peace, and joy. May Allah's presence be your solace, your strength, and your guiding light, illuminating your path with wisdom, love, and peace. Ameen.








PART 1

# POEMS OF FAITH AND SPIRITUALITY

(WHISPERS OF THE DIVINE)

In Whispers of the Divine, I explore the depths of  
faith and spirituality, seeking guidance and  
connection with our Rabb.



Welcome to **Part 1** of my poetic journey,

## **"Poems of Faith and Spirituality."**

---

As morning light whispers its gentle promise, the soul stirs, seeking connection with our beloved Rabb. Join me on this poetic journey, where faith and spirituality intertwine like delicate vines on a trellis, illuminating the path to inner peace, guidance, and healing.

### **Lessons Learnt and Takeaways**

As you wander through these poems, may you discover hidden treasures that inspire you to:

- 1. Surrender to Serenity:**

Like a leaf on a tranquil stream, may our worries gently drift away, and may we find solace in the soothing whispers of the divine. **"And when My servants ask you,**

[O Muhammad], about Me - indeed I am near. I respond to the invocation of the supplicant when he calls upon Me." (Quran 2:186)

**2. Garden of Reflection:**

In the quiet hours of introspection, may we uncover the secrets of our own hearts, and may the seeds of growth and transformation take root. **"O you who have believed, fear Allah and let every soul consider what it has put forth for tomorrow - and fear Allah. Indeed, Allah is acquainted with what you do."** (Quran 59:18)

**3. Wings of Forgiveness:**

Like a bird set free, may forgiveness lift us above the burdens of resentment, and may compassion's gentle breeze soothe our souls. **"Let them pardon and forgive. Do you not love that Allah should forgive you?"** (Quran 24:22)

**4. Beacon of Hope:**

Through life's tempests, may we find the strength to weather every storm, and in the darkness, may a spark of hope illuminate the path forward. **"And indeed, with hardship comes ease."** (Quran 94:5)

**5. Blooming Love:**

Like a garden in full bloom, may our hearts overflow with love and kindness, nurturing the beauty of our humanity.

**"And of His signs is that He created for you from yourselves mates that you may find tranquillity in them; and He placed between you affection and mercy." (Quran 30:21)**

May our journey be a divine journey, filled with peace, love, and a deeper connection with our Rabb. May our hearts be filled with wonder, awe, and gratitude, and may our lives be a reflection of the beauty and kindness that emanates from our souls. Ameen.

When darkness felt like a never-ending race, I found solace in the gentle whispers of my soul. This poem is a testament to the journey of spiritual growth, self-discovery, and devotion to Allah (SWT). May it guide you through life's challenges, reminding you to trust in His plan, cultivate humility, and find patience in His love. May His guidance illuminate your path, and may you find peace and joy in His divine presence...

# "Echoes of the Soul"

Oh, beloved Rabb, hear my plea,  
A heart that's seeking to be set free.  
Forgive my past, and guide me anew,  
Help me find patience and strength to see this through.

From time to time, I notice my old self appear,  
A shadow of the past, a reminder to persevere.  
But with Your guidance, I'll learn to let go,  
And embrace the new me, with a heart that's aglow.

May my nafs fade, like a sunset's glow,  
As humility's light begins to grow.  
With every breath, I'll walk Your path,  
Seeking guidance with a humble heart.

In Your mercy, I seek refuge and peace,  
A sense of calm, my heart's release.  
You are my treasure, my shining light,  
My one true Rabb, my guiding sight.

Protect me from Shaytan's whispered lies,  
And keep me steadfast, with a heart that sighs.  
May my family join me in this journey of faith,  
And may we together, find our way to Jannah's gate.

**"And those who strive for Us - We will surely guide them to Our ways." (Quran 29:69)**

Imagine being gently swept up in a warm breeze of guidance, carried toward the radiant light of Allah's love. This ayah whispers a promise of divine direction to those who strive for His pleasure, who take tender steps towards spiritual growth, and who nurture their soul with sincerity.

---

**"The strong believer is better and more beloved to Allah than the weak believer, but there is good in each." (Sahih Muslim)**

Let these words be a gentle nudge, encouraging you to bloom into the strongest, most vibrant version of yourself. May your heart be a garden of faith, nourished by patience, kindness, and love. May Allah's guidance be the sunshine that helps you grow, and may His mercy be the rain that quenches your soul.

### **My Message to You**

May this poem be a soft whisper of inspiration, reminding you to reach out to Allah (SWT) in times of need, to trust in His boundless love and mercy, and to cultivate a deeper connection with the Divine. May His presence be your safe haven, your guiding star, and your soul's sanctuary. May you walk in the warmth of His love, and may His peace and joy be your constant companions. Ameen.